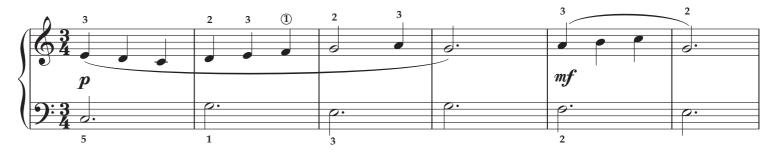
## A SHPERHERO SCALE

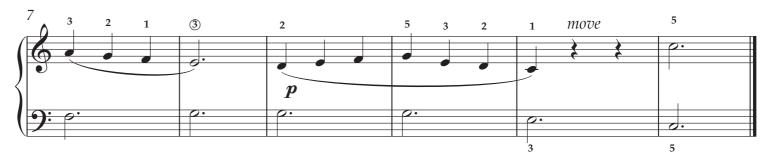
**C MAJOR SCALE WARM-UP** 



**TIP** Learn the right hand by itself first.







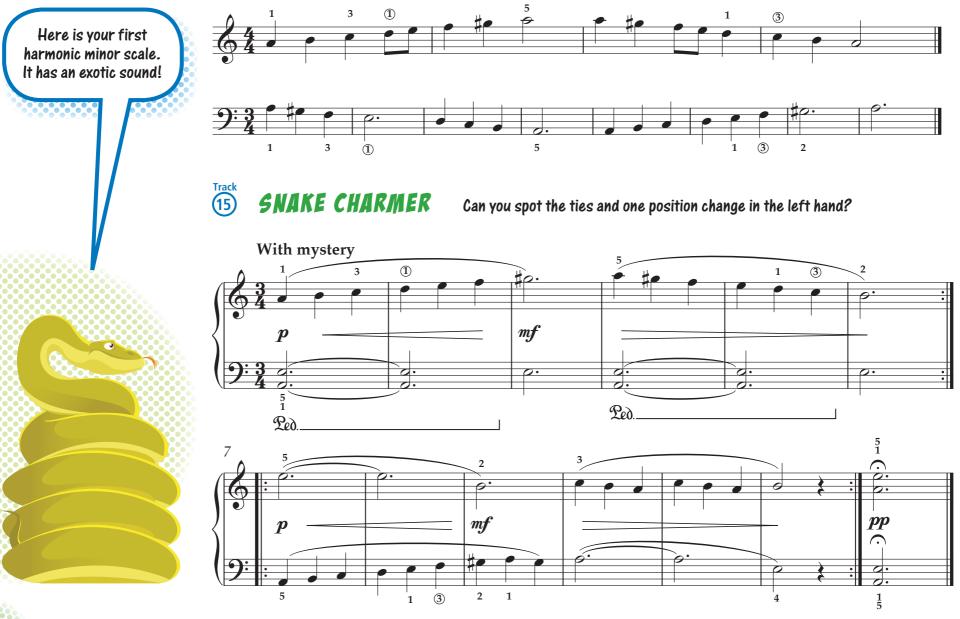
You've learnt how to put your thumb under so now you're ready to play a whole scale.

0







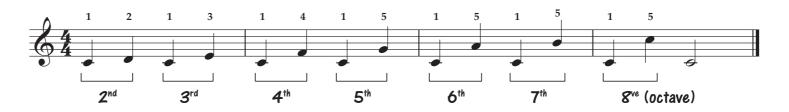


The distance between two notes is called the **interval**. You can work out an interval by counting up (or down) all the notes.

You will need to extend your hand to play the larger intervals.

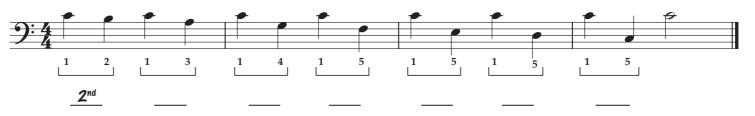
## interval warm-up

You will have to extend your hand to play this.

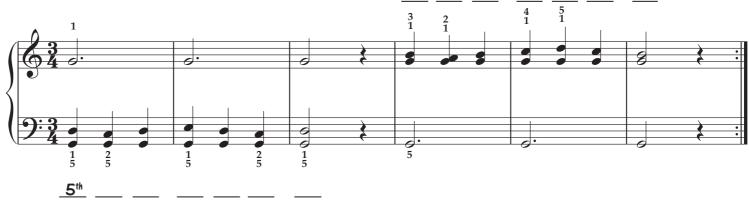


## (21) INTERVAL WARM-DOWN

Can you work out these intervals yourself?



22 CHORDS ON PARADE



Chords are also made up of intervals. Can you work out the interval of each chord?