

Grade 1 Stage 1

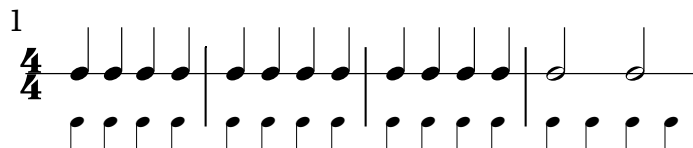
G major $\frac{4}{4}$


Rhythmic exercises

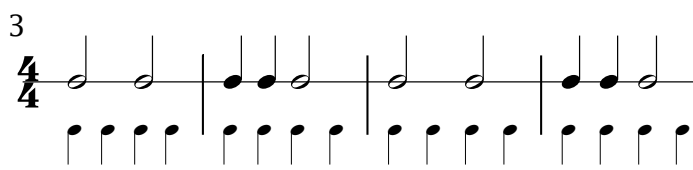
Always practise the rhythmic exercises carefully before going on. There are different ways of doing these exercises:

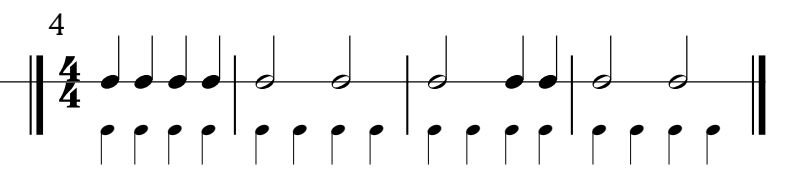
- Your teacher (or a metronome) taps the lower line while you clap or tap the upper line.
- You tap the lower line with your foot and clap or tap the upper line with your hands.
- You tap one line with one hand and the other line with the other hand on a table top.
- You tap the lower line and sing the upper line.

Before you begin each exercise count two bars in – one out loud and one silently.

1 $\frac{4}{4}$ 

2 $\frac{4}{4}$ 

3 $\frac{4}{4}$ 

4 $\frac{4}{4}$ 

Melodic exercises

Hear each exercise in your head before you play it.

1 $\frac{2}{3} \frac{4}{4}$ 

2 $\frac{2}{3} \frac{4}{4}$ 

3 $\frac{2}{3} \frac{4}{4}$ 

4 $\frac{2}{3} \frac{4}{4}$ 

5 $\frac{2}{3} \frac{4}{4}$ 

6 $\frac{2}{3} \frac{4}{4}$ 

Prepared pieces

- 1 Look through this piece. Do you feel you understand it?
- 2 Look carefully at the patterns: rhythmic and melodic. How much is based on scale and arpeggio patterns?
- 3 Play the scale *f* and arpeggio *mp*.
- 4 Think through the bowing carefully.
- 5 Play the first note and hear the piece in your head, including musical expression.

1

Spiritoso

- 1 In which key is this piece? Play the scale and arpeggio *mf* then *p*.
- 2 How many repeating patterns can you find?
- 3 Think about the fingering in bars 1 and 6.
- 4 Tap the pulse with your hands and the rhythm with your foot. Then swap!
- 5 How will you put character into your performance?

2

Solemnly

Improvise!

1

Make up your own piece (it can be as long or short as you like), beginning with this pattern. Decide on a mood or character before you begin.

2

Now make up your own piece in B \flat major or G minor – use any patterns you like.

Going solo!

Don't forget to prepare each piece carefully before you play it.

Con brio

1

Musical score for 'Con brio' in 2/4 time, key of B-flat major. The score consists of three staves. The first staff begins with a dynamic of *f* and includes a *p* dynamic. The second staff includes a *mp* dynamic. The third staff includes *mf* and *f* dynamics. A first finger fingering (1) is indicated above the final note of the third staff.

Andantino

2

Musical score for 'Andantino' in 3/4 time, key of B-flat major. The score consists of three staves. The first staff begins with a dynamic of *mf* and includes a *f* dynamic. The second staff includes a *mp* dynamic. The third staff includes a *mf* dynamic and a *rit.* marking. First and third finger fingerings (1 and 3) are indicated above notes in the second and third staves.

Floating

3

Musical score for 'Floating' in 6/8 time, key of B major. The score consists of three staves. The first staff begins with a dynamic of *mp* and includes a *mf* dynamic. The second staff includes *p* and *mf* dynamics. The third staff includes *p*, *f*, and *rit.* dynamics. A first finger fingering (1) is indicated above a note in the third staff.