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About the CD



The CD contains valuable demonstrations of all the instructional material in the book. You will get the best results by following along with your book as you listen to these audio demonstrations.



Using Your Left Hand

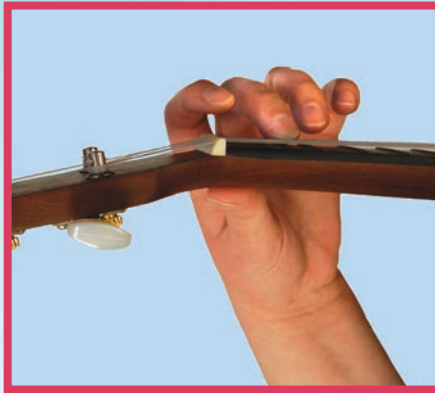


Hand Position

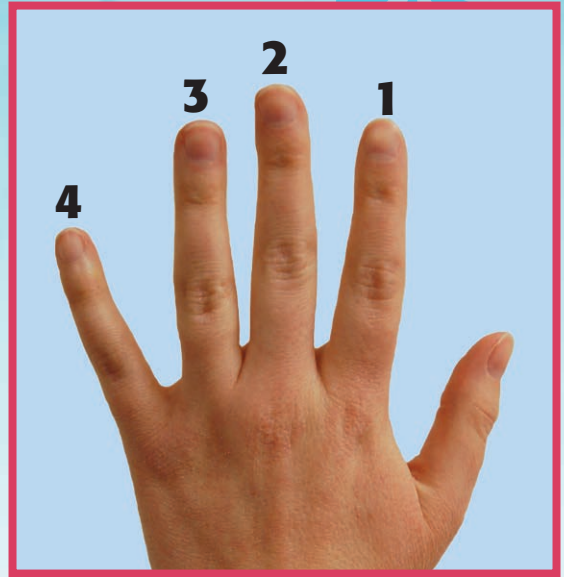
Learning to use your left-hand fingers easily starts with a good hand position. Place your hand so your thumb rests comfortably in the middle of the back of the neck. Position your fingers on the front of the neck as if you are gently squeezing a ball between them and your thumb. Keep your elbow in and your fingers curved.



▲ *Keep elbow in and fingers curved.*



▲ *Like gently squeezing a ball between your fingers and thumb.*



▲ *Finger numbers.*

Placing a Finger on a String

When you press a string with a left-hand finger, make sure you press firmly with the tip of your finger and as close to the fret as you can without actually being right on it. Short fingernails are important! This will create a clean, bright tone.



▲ **RIGHT**
Finger pressing the string down near the fret without actually being on it.



▲ **WRONG**
Finger is too far from fret; tone is "buzzy" and indefinite.



▲ **WRONG**
Finger is on top of fret; tone is muffled and unclear.