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About the DVD

The DVD contains valuable demonstrations of all the instructional material in the book. You will get the best results by following along with your book as you watch these video segments. Musical examples that are not performed with video are included as audio tracks on the DVD for listening and playing along.

The track numbers in the book refer to the MP3 audio tracks found on the DVD-ROM. These tracks are accessed by placing the disc in your computer. Windows users, from your Start menu, open My Computer, right-click on your DVD drive icon, and open the MP3 folder. Mac users, double click on the DVD icon on your desktop, then double-click on the MP3 folder.