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The CD contains all the songs in Book 1, so you may listen and play along with them. A CD icon beside the title of each song shows two track numbers: The first track number is for the student part alone, and the second track number is for the student part with a colorful accompaniment.

How to Sit at the Piano

To play well, it is important to sit correctly at the piano. Follow the instructions on this page so you are playing with good posture and hand position. You will also learn to sit at the correct height on the bench and at the right distance from the keyboard.

- Sit tall!
- Let your arms hang loosely from your shoulders.
- Place the bench facing the piano squarely.
- Keep your knees slightly under the keyboard.

If you are small:

- Sit on a book or cushion.

If your feet don't touch the floor:

- Place a book or stool under your feet.



Curve Your Fingers!

Always curve your fingers when you play.

1. Practice pretending to hold a bubble in your hand.
2. Shape your hand and hold the bubble gently, so that it doesn't pop.
3. Use this hand position on the keyboard.

